

Mental Illness/Disorder Lesson

This can be done as an individual or as a group jigsaw activity.

Students should have access to a device with links to the powerpoint and websites.

Students should answer the pre-activity on their own.

After a group discussion, students can work individually to learn about mental illnesses and disorders using the powerpoint and websites.

Jigsaw activity: determine who will research which illness or disorder. Individuals will use the powerpoint and websites to learn about their assigned topic. Then they should come back to their group and share their information.

All students answer the follow up questions after completing the research.

Mental Illness/Disorders

What do you think?

Write 2 of 3 sentences to answer each of the following questions:

1-What is mental health?

2-What is mental illness?

3-Name some mental illnesses that you have heard about:

4-How would a person with mental illness look or act?

5-If you learned a new student at school has a mental illness, how would you act toward him/her? How would you feel about him/her?

6-What causes someone to be mentally ill?

*Use the powerpoint or websites from google classroom to research the Mental Illnesses or Disorders in this document:

Illness/Disorder:	Schizophrenia
Describe the illness or disorder:	
What causes it?	
What does it feel like?	
How to help:	
Illness/Disorder:	Anxiety Disorders
Describe the illness or disorder:	
What causes it?	
What does it feel like?	
How to help:	

Illness/Disorder:	Bipolar Disorder
Describe the illness or disorder:	
What causes it?	
What does it feel like?	
How to help:	

Illness/Disorder:	Major Depression
Describe the illness or disorder:	
What causes it?	
What does it feel like?	
How to help:	

Illness/Disorder:	Obsessive-Compulsive Disorder
Describe the illness or disorder:	
What causes it?	
What does it feel like?	
How to help:	

Illness/Disorder:	Specific Disorders
Describe the illness or disorder:	
What causes it?	
What does it feel like?	
How to help:	

Illness/Disorder:	Post-Traumatic Stress Disorder
Describe the illness or disorder:	
What causes it?	
What does it feel like?	
How to help:	

Illness/Disorder:	Eating Disorders
Describe the illness or disorder:	
What causes it?	
What does it feel like?	
How to help:	

Summary Questions:

1-What is mental illness?

2-Has that changed from your previous answer? Why or why not?

3-What causes mental illness?

4-How should you treat someone who has a mental illness?

5-List 3 ways mental illness can be treated: